



# Child Nutrition Programs

**Nutrition Services Department** 

### Who are we?



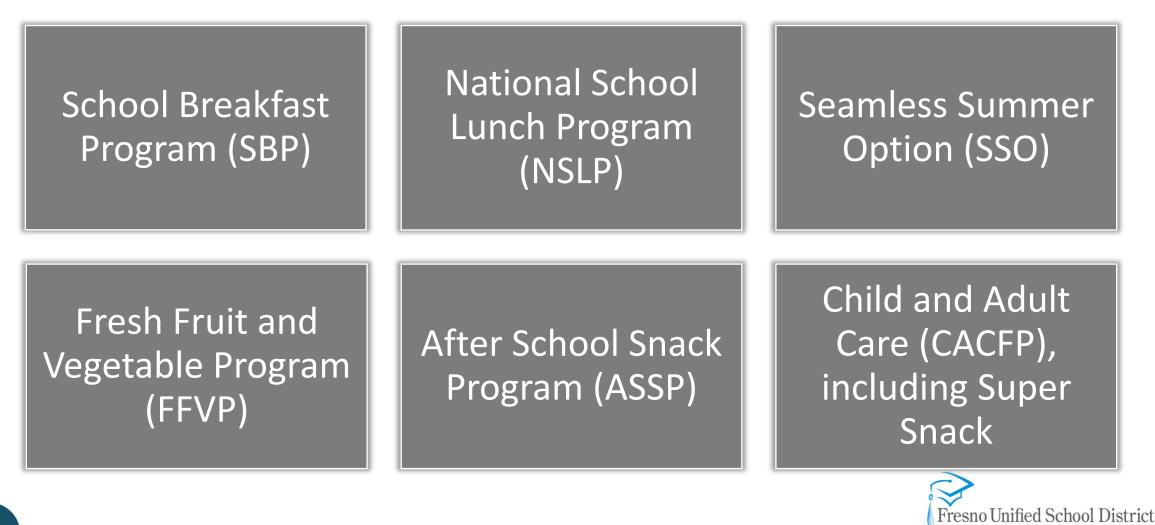
Fresno Unified School District





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### What do we do?



Achieving our Greatest Potential!

## What do we do?

72,000+ students in Fresno Unified

**108 Serving Sites** 

**Over 500 Nutrition Services Professionals** 

12,000,000 meals served annually

Breakfast – 2,500,000 Lunch – 8,000,000 Snack – 500,000 Supper – 1,000,000

1/18/2023

Local Fresh Fruits and Vegetable Program 25,000 served daily





### Nutrition Center Video



Fresno Unified School District Achieving our Greatest Potential!

1/18/2023

### Tufts University Study

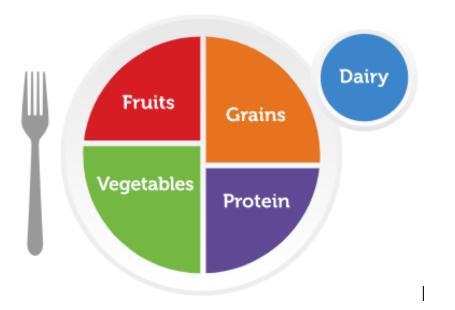
"Schools are now the single healthiest place Americans are eating." – Dariush Mozaffarian Dean of the Friedman School

School Meals only provided 9% of calories for the average child <u>Study Finds Americans Eat</u> <u>Food of Mostly Poor</u> <u>Nutritional Quality –</u> <u>Except at School | Tufts</u> <u>Now</u>



### Federal Meal Program Requirements – Components

### Grain Meat/Meat Alternate Fruit Vegetable Milk





### Average Caloric Ranges

Grade Range	Lunch	Breakfast
K-8	550-650	400-500
9-12	750-850	450-600

Less than 35% of calories come from fat Less than 10% of calories come from saturated fat All grain products are whole grain rich All protein products are lean Wide variety of local fruits and vegetables



### Fruits and Vegetables

### Breakfast

All grade levels receive 1 cup of fruit

### Lunch

Vegetables include nutrient dense sub-groups

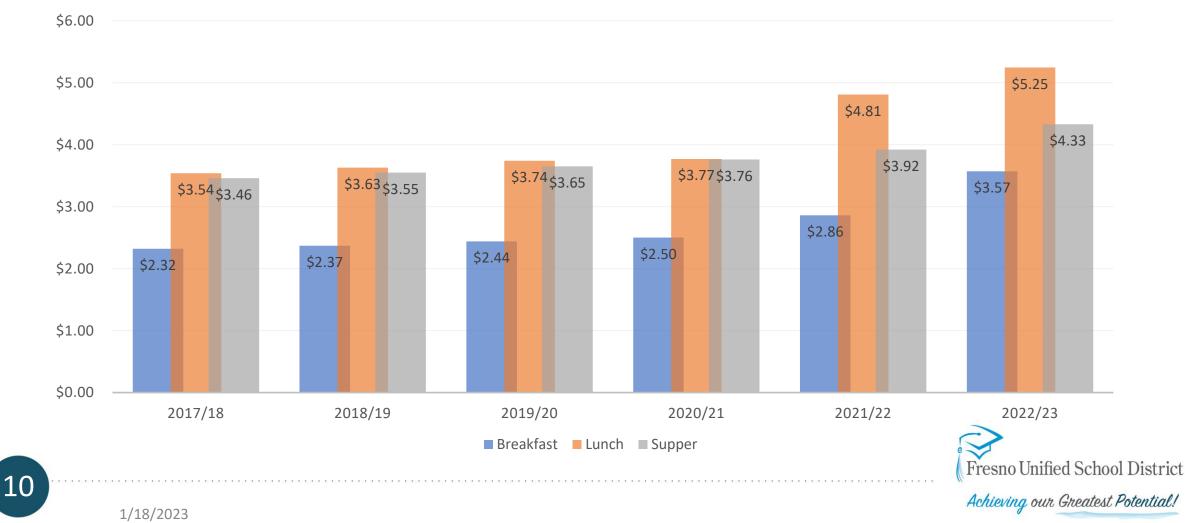
Grade Range	Fruit	Vegetable
K-8	½ cup	¾ cup
9-12	1 cup	1 cup



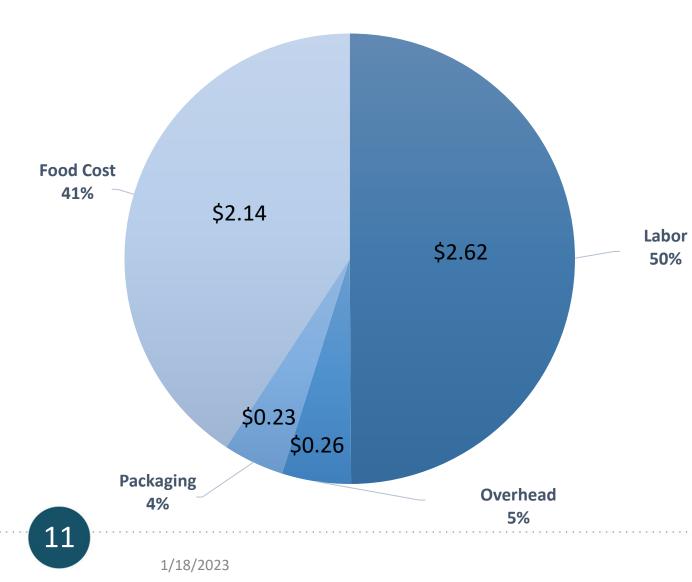


### Meal Reimbursement Rates Through the Years

#### Reimbursement Rates



### Meal Cost Breakdown for Lunch







## Supply Chain Challenges





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### Offer Versus Serve for Elementary Schools

Allows students to choose their favorite items Five components are offered – students must choose 3 Reduced food and packaging waste





## Two Entrée Options at Elementary





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### Compostable Trays and Film

- Trays 100% Compostable
- Cold Film 100% Compostable
- Hot Film 30% Post Consumer Product
- Over 500,000 plastic bottles removed from the waste stream YTD







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### **Regional Executive Chefs**





1/18/2023

### CDFA Farm to School Grant



# Year 1 Organic menu items

Nutrition Education

Year 2

1/18/2023

Farm to School Coordinator Climate Smart Agriculture









### Good Food Purchasing Program

**Five Core Values** 

Nutrition

Local Economies

**Environmental Sustainability** 

Valued Workforce

**Animal Welfare** 







### Eat REAL Certification Program

Supports school districts journey to bring transparency to their food program







# Questions?



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