



Child Nutrition Programs

Nutrition Services Department

Who are we?



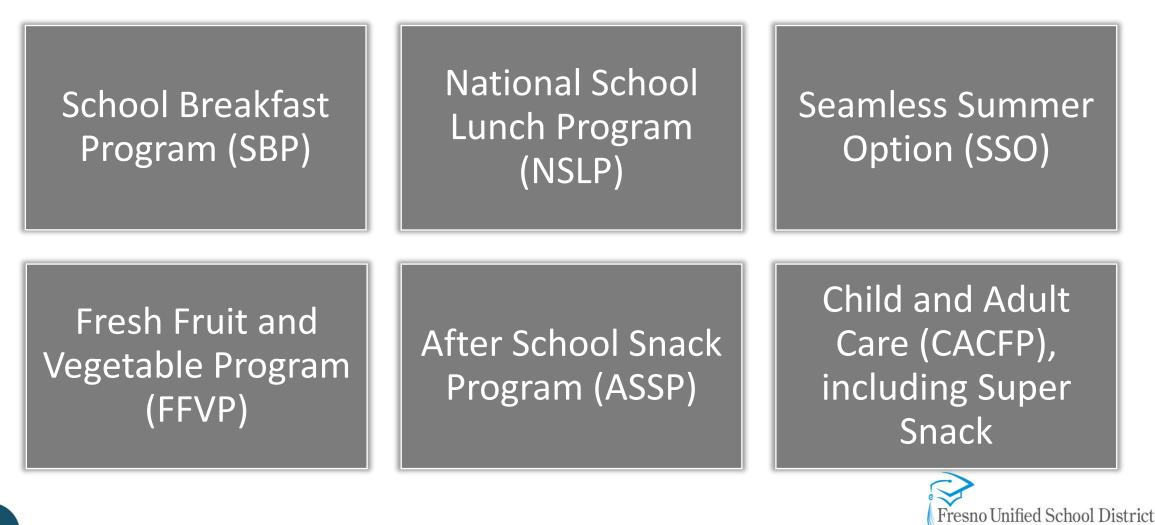
Fresno Unified School District





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What do we do?



Achieving our Greatest Potential!

What do we do?

72,000+ students in Fresno Unified

108 Serving Sites

Over 500 Nutrition Services Professionals

12,000,000 meals served annually

Breakfast – 2,500,000 Lunch – 8,000,000 Snack – 500,000 Supper – 1,000,000

1/18/2023

Local Fresh Fruits and Vegetable Program 25,000 served daily





Nutrition Center Video



Fresno Unified School District Achieving our Greatest Potential!

1/18/2023

Tufts University Study

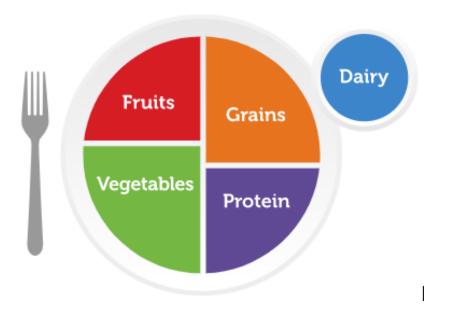
"Schools are now the single healthiest place Americans are eating." – Dariush Mozaffarian Dean of the Friedman School

School Meals only provided 9% of calories for the average child <u>Study Finds Americans Eat</u> <u>Food of Mostly Poor</u> <u>Nutritional Quality –</u> <u>Except at School | Tufts</u> <u>Now</u>



Federal Meal Program Requirements – Components

Grain Meat/Meat Alternate Fruit Vegetable Milk





Average Caloric Ranges

Grade Range	Lunch	Breakfast
K-8	550-650	400-500
9-12	750-850	450-600

Less than 35% of calories come from fat Less than 10% of calories come from saturated fat All grain products are whole grain rich All protein products are lean Wide variety of local fruits and vegetables



Fruits and Vegetables

Breakfast

All grade levels receive 1 cup of fruit

Lunch

Vegetables include nutrient dense sub-groups

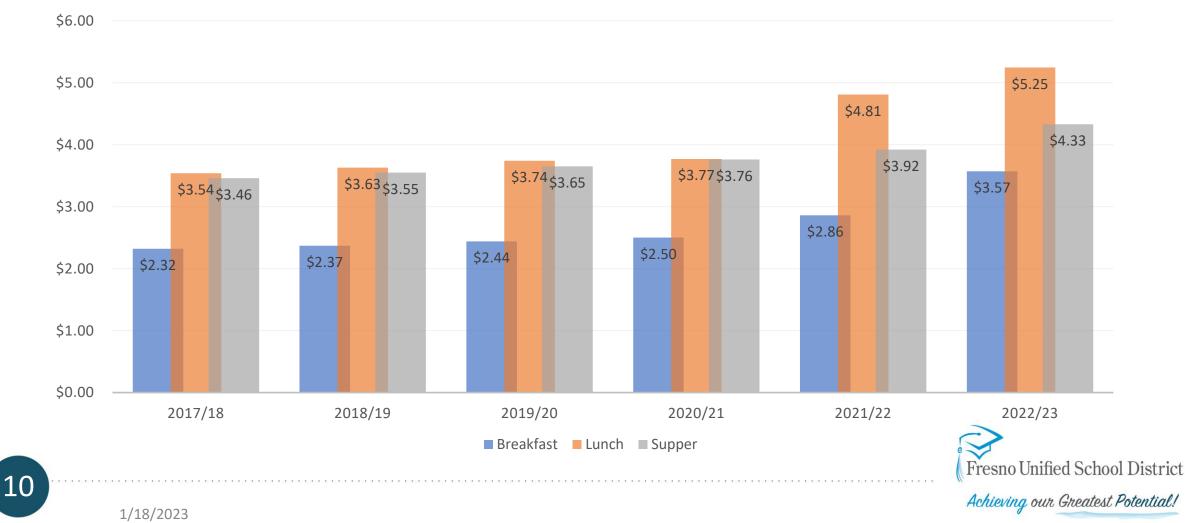
Grade Range	Fruit	Vegetable
K-8	½ cup	¾ cup
9-12	1 cup	1 cup



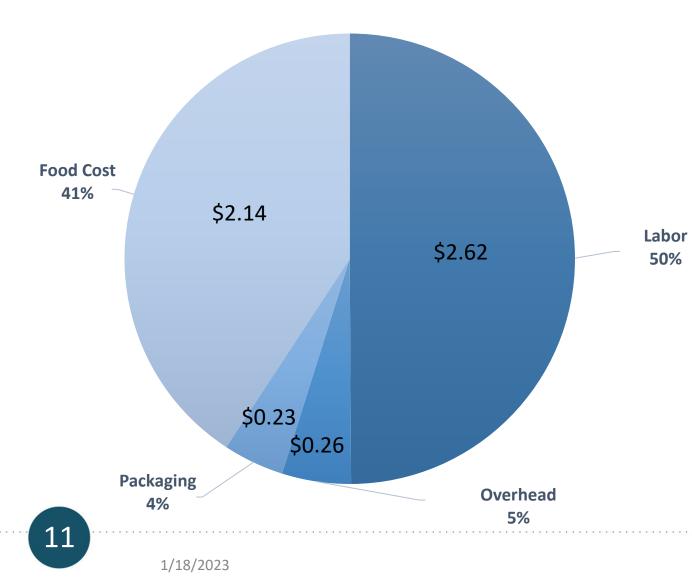


Meal Reimbursement Rates Through the Years

Reimbursement Rates



Meal Cost Breakdown for Lunch







Supply Chain Challenges





Achieving our Greatest Potential!

1/18/2023

Offer Versus Serve for Elementary Schools

Allows students to choose their favorite items Five components are offered – students must choose 3 Reduced food and packaging waste





Two Entrée Options at Elementary





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Compostable Trays and Film

- Trays 100% Compostable
- Cold Film 100% Compostable
- Hot Film 30% Post Consumer Product
- Over 500,000 plastic bottles removed from the waste stream YTD







Achieving our Greatest Potential!



Regional Executive Chefs





1/18/2023

CDFA Farm to School Grant



Year 1 Organic menu items

Nutrition Education

Year 2

1/18/2023

Farm to School Coordinator Climate Smart Agriculture









Good Food Purchasing Program

Five Core Values

Nutrition

Local Economies

Environmental Sustainability

Valued Workforce

Animal Welfare







Eat REAL Certification Program

Supports school districts journey to bring transparency to their food program







Questions?



Fresno Unified School District Achieving our Greatest Potential!

