Who are we?

Nutrition Services
Fresno Unified School District

Serving Success
What do we do?

- School Breakfast Program (SBP)
- National School Lunch Program (NSLP)
- Seamless Summer Option (SSO)
- Fresh Fruit and Vegetable Program (FFVP)
- After School Snack Program (ASSP)
- Child and Adult Care (CACFP), including Super Snack
What do we do?

72,000+ students in Fresno Unified
108 Serving Sites
Over 500 Nutrition Services Professionals
12,000,000 meals served annually
  Breakfast – 2,500,000
  Lunch – 8,000,000
  Snack – 500,000
  Supper – 1,000,000
Local Fresh Fruits and Vegetable Program
  25,000 served daily
Nutrition Center Video
“Schools are now the single healthiest place Americans are eating.” – Dariush Mozaffarian, Dean of the Friedman School

School Meals only provided 9% of calories for the average child

Study Finds Americans Eat Food of Mostly Poor Nutritional Quality – Except at School | Tufts Now
Federal Meal Program Requirements – Components

Grain
Meat/Meat Alternate
Fruit
Vegetable
Milk
## Average Caloric Ranges

<table>
<thead>
<tr>
<th>Grade Range</th>
<th>Lunch</th>
<th>Breakfast</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-8</td>
<td>550-650</td>
<td>400-500</td>
</tr>
<tr>
<td>9-12</td>
<td>750-850</td>
<td>450-600</td>
</tr>
</tbody>
</table>

Less than 35% of calories come from fat  
Less than 10% of calories come from saturated fat  
All grain products are whole grain rich  
All protein products are lean  
Wide variety of local fruits and vegetables
Fruits and Vegetables

Breakfast
   All grade levels receive 1 cup of fruit

Lunch
   Vegetables include nutrient dense sub-groups

<table>
<thead>
<tr>
<th>Grade Range</th>
<th>Fruit</th>
<th>Vegetable</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-8</td>
<td>½ cup</td>
<td>¾ cup</td>
</tr>
<tr>
<td>9-12</td>
<td>1 cup</td>
<td>1 cup</td>
</tr>
</tbody>
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Meal Reimbursement Rates Through the Years

Reimbursement Rates

Breakfast | Lunch | Supper
---|---|---
2017/18: $2.32, $3.54, $3.54
2018/19: $2.37, $3.63, $3.65
2019/20: $2.44, $3.74, $3.76
2020/21: $2.50, $3.77, $3.92
2021/22: $2.86, $4.81, $3.92
2022/23: $3.57, $5.25, $4.33

1/18/2023
Meal Cost Breakdown for Lunch

- Food Cost: 41% = $2.14
- Labor: 50% = $2.62
- Packaging: 4% = $0.23
- Overhead: 5% = $0.26

Total Cost: $2.62
Supply Chain Challenges
Offer Versus Serve for Elementary Schools

Allows students to choose their favorite items

Five components are offered – students must choose 3

Reduced food and packaging waste
Two Entrée Options at Elementary
Compostable Trays and Film

Trays – 100% Compostable
Cold Film – 100% Compostable
Hot Film – 30% Post Consumer Product

Over 500,000 plastic bottles removed from the waste stream YTD
Regional Executive Chefs

A DEDICATED EXECUTIVE CHEF FOR EACH REGION
PRESENTATION
QUALITY
INCREASED SCRATCH COOKING
STUDENT TASTE TESTING
CDFA Farm to School Grant

Year 1
Organic menu items
Nutrition Education

Year 2
Farm to School Coordinator
Climate Smart Agriculture
Good Food Purchasing Program

Five Core Values
- Nutrition
- Local Economies
- Environmental Sustainability
- Valued Workforce
- Animal Welfare
Eat REAL Certification Program

Supports school districts journey to bring transparency to their food program